



Tvirtinu:  
LKF prezidentas  
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## LITHUANIAN KICKBOXING CHAMPIONSHIP - 2023 (K1 Style, Low-kick, Full-contact)

### 1. Organization and execution

Tournament is organized by Lithuanian Kickboxing Federation. The tournament fights will be held under the WAKO kickboxing K1 Style, Low-kick and Full-contact rules. Registration will be done through the <https://www.sportdata.org/> (must have Rsportz account).

### 2. Time and place

The tournament will take place on 2023.03.24-26.

Address: Kauno krepšinio mokykla „Žalgiris“ (Pašilės g. 41, Kaunas).

2023-03-24	17 <sup>00</sup> -20 <sup>00</sup>	– registration, weighing, pairing – Victoria Hotel Kaunas, miško g. 11
2023-03-25	10 <sup>00</sup> -11 <sup>30</sup>	– seminar for referees and coaches
2023-03-25	11 <sup>30</sup>	– preliminary fights, semifinals
2023-03-26	11 <sup>00</sup>	– finals

### 3. Requirements for participants

Starting fee – 30 Eur.

*Lietuvos kikboksingo federacija s. n. LT417300010175536338*

*Purpose of transfer: 2023.03.24-26 LT Atviras Lietuvos kikboksas čempionatas. „Club name“, name and surname.*

- valid medical examination certificate and an insurance policy.
- identity document.
- underage participants must have parental agreement.
- for female non-pregnancy declaration
- do not use illegal drugs.

### 4. Participants

The tournament fights will be held under the WAKO kickboxing K1 Style, Low-kick and Full-contact rules.

K1 Style, Low-kick, Full-contact age groups: 2007-2008 year of birth, 2005-2006 year of birth, 1983-2004 year of birth.

Weight categories 2007-2008 year of birth (male): -42 kg, -45 kg, -48 kg, -51 kg, -54 kg, -57 kg, -60 kg, -63,5 kg, -67 kg, -71 kg, -75 kg, -81 kg, +81 kg

Weight categories 2007-2008 year of birth (female): -36 kg, -40 kg, -44 kg, -48 kg, -52 kg, -56 kg, -60 kg, +60 kg

Weight categories 2005-2006 year of birth, 1983-2004 year of birth (male): -51 kg, -54 kg, -57 kg, -60 kg, -63.5 kg, -67 kg, -71 kg, -75 kg, -81 kg, -86 kg, -91 kg, +91 kg

Weight categories 2005-2006 year of birth, 1983-2004 year of birth (female): -48 kg, -52 kg, -56 kg, -60 kg, -65 kg, -70 kg, +70 kg

## **5. Accommodation**

Accommodation are booked by submitting an application to the representatives of the Lithuanian Kickboxing Federation: [info@kickboxing.lt](mailto:info@kickboxing.lt) indicating the number of places.

## **6. Equipment**

All participants must have their own protective gear and uniform according to WAKO rules <http://www.wakoweb.com>

## **7. Awarding**

Tournament winners and prizewinners are awarded with medals, diplomas and special prizes.